

SESSION 5: SUPPLEMENTARY MATERIALS

New Roles for Young Children

Young children can also participate in family tasks, and are likely to feel proud in doing so! However, it may take some special planning to turn roles over to them.

The chart below lists several choices that young children may be able to have some say in. With your child, talk about each choice, or the choices that fit your family specifically. Together, check “make choice alone” or “make choice with help.” You can also use the blank spaces to add other choices that are personal to your family.

	MAKE CHOICE ALONE	MAKE CHOICE WITH HELP
What time to go to bed		
What I eat for breakfast		
Where the family goes on vacation		
Which TV shows I watch		
What I can do on the computer/ipad/internet		
When I can use my parent's cell phone		
What music I listen to		
What clothes I wear		
What movies I see		
Which chores I do		
What my haircut will look like		
Who my friends are		
What I do after school		
How I spend my money		
Where I go to school		

Now add your own!

	MAKE CHOICE ALONE	MAKE CHOICE WITH HELP